

SEBDA National Conference 2019

Mental Health Leads & Mental Health Support Teams

Developing a practical response to the
'Transforming Mental Health' Green Paper

Helping to meet the needs of children and young people with SEMH difficulties

SEBDA in association with James Brindley School, Birmingham

Keynote speakers include:

Dr Pooky Knightsmith.

With focused keynotes delivered
by representatives from
Education, Social Care and Health.

Proudly sponsored by:



Thurs 28th March - Fri 29th March 2019

Park Regis Hotel, Birmingham

160 Broad St, Birmingham B15 1DT

Thursday 28th March 2019: Keynote speakers and 'Question-time'

Dr Pooky Knightsmith

'The Green Paper and our children and young people. The exciting prospects, the unique challenges and the limitations'

Pooky is an internationally respected face of child and adolescent mental health who works tirelessly to 'be the change she wants to see'. She develops and shares practical, evidence-informed approaches to promoting mental health – arming health and education staff with the skills, information and knowledge they need to support the children in their care; whilst also working hard to drive collaboration and change at a national and international level amongst politicians and charity, business and service leads.

Vicki Bardon and Andy Pyper

'Online challenges –the changes and demands of society for our CYP'

Vicki (Teacher consultant) and Andy (Safeguarding Manager) are members of the Link2ICT Professional Services Team and 2018 winners at the annual BETT Awards. They will explore body image and current online games or trends of influence, and the severity of safeguarding issues collected by monitoring software.

Matthew Hopkinson (DfE)

'Latest updates on the Green Paper and its implementation'

Matthew is the lead for *Children's and Young People's Mental Health* at the Department for Education.

Dr Deborah Benjamin and Dr Asha Patel

'Supporting a multi-agency services approach to previous or current trauma and aiming to assist services to identify ACEs (adverse childhood experiences) and enable individuals to overcome their trauma'

Deborah is a Senior Educational Psychologist and member of West Midlands ACEs Steering Group, developed by the Birmingham 'Health and Well-being Board'.

Dr Asha Patel is a clinical psychologist and CEO of a social enterprise organisation. Asha's inspirational National work with schools and communities is on issues pertaining to ACEs in schools.

Janice Cahill

'Trailblazing the Green Paper'

For 22 years Janice has been headteacher of the Pendlebury Centre PRU. A fifth consecutive Ofsted 'outstanding' in all areas, recognises the PRU as a centre of excellence, supporting Mental Health needs, education and having a strong partnership with their mainstream secondary schools and the Stockport council. Janice has contributed to the update of The Mental Health and Behaviour guidance for the Department of Education and the Green Paper and sits on the Greater Manchester Mental Health in Education advisory group. Janice is a National Leader of Education and is currently supporting AP's and local authorities across the North West.

Tony Clifford

'Attachment & Trauma Aware approaches in education'

Tony is a member of the Board of Trustees for 'ARC', the Attachment Research Community, and a 'Virtual Schools' Headteacher for children in care. The ARC promotes mental health and well-being through Attachment & Trauma Aware approaches in education.

Continued..... Thursday 28th March 2019: Keynote speakers and 'Question-time'

Anna Robinson and Erin Docherty

'Strategic partners working together to shape the future of mental health provision: Their role in the early intervention, prevention and management of mental and emotional health'

Anna is a Newstart Programme Lead with BEP (Birmingham Education Partnership). BEP is working with the NHS, Public Health, Local Authority, Forward Thinking Birmingham (CAMHS 0-25), the Voluntary Sector and other strategic partners to shape the future of mental health provision for schools in Birmingham - and their important role in the early intervention, prevention and management of mental and emotional health.

Erin is Clinical NHS Lead Nurse in Birmingham, with a service delivering community mental health treatment to 0-25 year olds across Birmingham. She has a special interest in early interventions, specifically through primary care – and is passionate about transforming lives through quality evidence based treatment.

Thursday closes with a 'Question Time' Panel

Venue close to Birmingham canals, Brindley Place, Mailbox, Symphony Hall, ICC and city centre to explore at leisure. Only 10min walk from New Street Train Station and opposite Five Ways link Station.

Gala dinner with drinks reception in the glamorous, newly opened, 16th floor 'Sky loft' on Thursday evening for full delegates.

Friday 29th March 2019: Opening presentation and workshops

Opening presentation:

Deputy Lieutenant Fleur Sexton representing Her Majesty's Lord-Lieutenant of West Midlands, representing The Queen. DL Fleur Sexton coordinates the education sub-group to promote the work of the Lieutenancy in the region. Passionate about mental health and transforming lives, she is dedicated to breaking barriers and improving life-chances.

Delegates may attend 3 workshops, which include:

- The Go-to folder: The keyworker role, a relational approach & the benefits
- 'I want to kill myself': managing self-harm within school, and how we separate this from suicidal intent
- Using board games and card games: for reward, therapeutic attachment and resilience building
- What to do when a child sits under a table: attachment theory and practical strategies
- We're all in recovery: Reflective practices and NVR approach (non-violent resistance), a person-centred approach
- Social care activities and the Green Paper
- Practical Speech and Language activities to aid communication
- 'Theraplay': its theory and practical uses
- Autism and anxiety: a practical approach to interventions
- A day-in the life of a centre lead

With practical resources to take-away

Please be aware, keynote speakers and workshops are subject to change.

Day 1: Thursday 28th March

Opening Keynote from Dr Pooky Knightsmith.
'Transforming Mental Health' Green Paper - update.
Keynote speakers with table discussion/activities
delivered by representatives from Education,
Social Care and Health.

Day 2: Friday 29th March

Workshops: developing a practical response to the
Green paper in your setting, relevant to Education,
Health (including mental health) and Social Care.
Covering all key stages
and post 16.

The Conference will promote dialogue between agencies and
a joint understanding around how the Transforming Mental Health Green Paper is being interpreted -
offering practical ways forward for all delegates.

Attend as a full delegate or as a day delegate on either day.

Full delegate place includes accommodation on Thursday 28th, an evening meal and breakfast.

All places include lunch and refreshments

Visit www.sebda.org for further info and to book online. Alternatively please use the form below

All invoices must be settled in full prior to conference.

Please email completed booking forms to admin@sebda.org or post to SEBDA head office address below

| Please tick relevant box: | Non SEBDA member | | SEBDA Member <small>Join to save!</small> | |
|---|------------------|--|---|--|
| | | | Individual Membership £55 pa Corporate Membership £158 pa (for 4 named members) | |
| Full Delegate place | £460.00 | | £395.00 | |
| Thursday 28th March Day Delegate | £210.00 | | £155.00 | |
| Friday 29th March Day Delegate | £210.00 | | £155.00 | |
| SEBDA Membership No. (if applicable): | | | | |
| Full name: | | | | |
| Delegate e-mail address: | | | | |
| Invoicing address: | | | | |
| | | | | |
| Invoicing e-mail address: | | | | |
| Purchase Order No (if required): | | | | |
| Special Dietary/Mobility Requirements: | | | | |

Sebda | Promoting the social and emotional
well being of children and young people

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